



# Early Planning Service

*Specializing in Serving Hospice Patients  
and Their Families*



**540-443-6223**

[blueridge.actikare.com](http://blueridge.actikare.com)

## Why?

While caring for a loved one is very rewarding, caregivers often face some very difficult challenges:

- Fatigue
- Sleep Deprivation
- Physical & Emotional Exhaustion
- Fear of Failure/Guilt
- Depression
- Isolation



Understanding these challenges, Acti-Kare works closely with your Hospice provider in helping caregivers get the rest and rejuvenation they need.

## How?

- **Early Consultations:** A free, no obligation in home consultation when beginning hospice care services, allows caregivers to plan for additional In-Home help as needed. As a loved one's needs change, caregivers can often feel overwhelmed without adequate assistance.
- **Planning & Flexibility:** Through flexible scheduling, providing respite services, and adding additional In-Home care hours as needed along the way, family members can have peace of mind that help will be there when needed most.
- **Caregiver Support:** Providing dependable caregiver relief allows a caregiver to be "completely" there for their loved one; Not just caring, but caring well!

Let Acti-Kare help you to better care for your loved one through

**EARLY PLANNING**



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